

**HEALTH CARE RESPIRATOR TRAINING PROGRAM  
FIT TESTER CERTIFICATION**

EMPLOYEE NAME: \_\_\_\_\_

DATE CONDUCTED: \_\_\_\_\_

**Function**

1. Fit test nebulizers are set up and ready to be used.
2. Confirm that person to be fit tested did not eat, drink, or chew gum for 15 minutes prior to test. It is essentially a taste test and the above could affect results.
3. Place collar assembly and hood on subject, positioning six inches between face and hood window.
4. Ten squeezes of Nebulizer #1 containing one teaspoon of Threshold Test Solution into hood through window.
5. Subject breathes, normally, open mouth
6. If subject tastes testing agent, proceed with fit test.
7. If the subject does not taste the testing agent, repeat with ten more squeezes. (If at 30 squeezes no taste is detected, the test is over, fit testing with testing agent is inappropriate)
8. For Fit Test, remove hood and wait a few minutes to clear the testing agent from mouth.
9. Put on the respirator, following proper instructions to ensure correct fit, wait 5 minutes.
10. Ten squeezes of nebulizer #2 (Fit Test Solution) into hood through window.
11. Subject breathes through mouth and does fit test exercise for one minute each
  - Normal Breathing (60 seconds)
  - Deep Breathing (60 seconds)
  - Turning head side to side (60 seconds)
  - Moving head up and down (60 seconds)
  - Rainbow Passage (60 seconds)
  - Bending over (60 seconds)
  - Normal Breathing (60 seconds)
12. Subject properly fitted if no taste of testing agent occurs during exercises.
13. Tasting testing agent at any time means a “fail”. Subject must refit the respirator, or select a different size or style of respirator.

Trainer’s Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_